



The Best Magical Advice
And Channeled Spirit Messages From 2022

Carolina Gonzalez



Answering customer questions through my social media channels has been the origin of some of my best writing; I could not be more grateful to the relationship I have with my customers, and to the permanent conversation that the work I do creates.

When I started putting them together, mostly to organize my personal archives, I found out that these questions held a really empowering amount of information about magic, spiritual work, and personal development, and that they deserved to become an ebook that would be permanently available to all customers.

The questions are organized around three subjects:

- **Chapter 1** answers questions about the work I do, and about the incredibly important place of the customer in this work.
- **Chapter 2** answers questions about personal empowerment, self-awareness, and spiritual growth.
- **Chapter 3** answers questions about the practise of magic and devotion; a great amount of my customers are also practitioners, and I am more than happy to be a part of their education.

I have not edited the posts, but in a few cases, because some subjects are more popular than others, there was more than one answer for the same question; I have added the posts in chronological order. After the three chapters with questions, a final addendum includes all the Spirit messages that were published during the year.

I would like to remind readers that these answers only apply to my work, and to no one else's, and to the moment when they were written; if you think there are other (and better) ways to do things, that is completely fine with me. When it comes to spiritual work, there are many truths, and many valid paths.



One last note: even if this ebook is free, I still retain ALL copyrights to its content. Please be respectful of my work, and of the effort that creating this ebook took.

The information shared in this ebook should not be used in classes, courses, articles or lectures, online or offline, without my express written permission. You are most welcome to share my website's link so others can download it, but not its content.

If you want to quote the ebook as reference in any publication, feel free to contact me at:

carolina.yourspiritmaster@gmail.com

Donations are always welcome! [Paypal.me Link](https://www.paypal.com)





Question Index

Chapter 1: Questions About Working With Me

From a customer's perspective, how can I empower prosperity work?

What should I do if I think I am under the influence of harmful magic?

I have doubts about spellwork working for me. How can I overcome this lack of faith?

Why do some customers get better results (from spellwork) than others?

My spell is taking a long time to manifest, and I am losing faith. What should I do?

Chapter 2: Questions About Personal Empowerment

How can I become more (spiritually) powerful?

How do I overcome my past?

How do I work towards a fresh start?

How can I keep growing as a spiritual practitioner, and avoid stagnation?

How can I make better choices in life?

How do I improve my vibration?

How can I improve my glamour magic / personal magnetism?

Chapter 3: Questions About The Practise Of Magic And Devotion

What can I do to make sure the effects of spellwork are as powerful as they can be?

How can I manifest Road Opening magic more effectively?

How can I empower prosperity work?

I am disabled/grieving/ill, and have very limited energy. How can I feel part of a celebration without exhausting myself?

How can I get better at visualizing?

What do our Ancestors want from us? How do I honour them?

How can I keep my Apothecary / magical supplies from cluttering?

How do I work with the Spirits of the Land?

Addendum: Spirit Channeled Messages





Chapter 1: Questions About Working With Me

From a customer's perspective, how can I empower prosperity work?

When it comes to success in prosperity work, the customers who always get better results are those who stay ahead of their problems, and work with me on their empowerment constantly, regardless of the situation they are in at any given moment.

Just as it is easier to stay healthy than to heal from illness, when it comes to magic it is easier to stay protected and empowered, than to wait for the low times to call the Bruja.

So, you do the prosperity work when you just got paid, the health work when you feel strong, and the protection work when you feel the presence of your Spirits around you, and you will just MULTIPLY what you already have.

We are taught to seek help only when we feel there is a huge lack of something in our life, but the results that this kind of perspective shift can have in your life can be just miraculous – although this is not really any miracle, it's just working cleverly with the laws of magic.

Feel rich, do magic, get richer; that is just how it works. To increase what is already there takes much less magical effort, and therefore faster and bigger results, than to bring in what is not there.



What should I do if I think I am under the influence of harmful magic?

You should never wait when you feel like you need hex-breaking work. Like any sort of illness, the sooner a condition is treated, the easier to heal it is; and just as it happens with your body, conditions that are left to fester on the Spirit, can become chronic, cause permanent damage, and become extremely difficult to destroy, if not impossible.

If you think that a curse cannot cause the worst and most dangerous consequences, well, you are wrong, because it can. I am telling you this with over thirty years of experience behind me. Please, take your intuition seriously, treat yourself as you deserve, and remember that people like me are always here to help you fight.



I have doubts about spellwork working for me. How can I overcome this lack of faith?

When I work for you, I am providing many things; connection to the Spirit realm, experience, the best materials money can buy, and such. But, there is one thing that I cannot provide for you, and that is just as important as any other ingredient in the spell: and that is faith.

Your faith in the Spirits is the most important power that you own – and it is a necessary one for the spell to work. Spirits will not allow being used; the money you pay is for the earthly part of the deal, but you cannot just *buy* the Spirits, no matter how much money you have.

Your faith is your currency, and just as there are certain requirements for currency to be legal, your faith has to be true, and it has to be strong, for the spell to work.

And remember: having faith does not mean believing in something's existence. That is a given when it comes to spiritual work, and it is no merit at all to believe in what is already in front of you.

Having faith means believing that once you have presented your problem to the Spirits, whatever is happening, is happening for your highest good. That Spirits know better than you, and see further and farther than you.

Having faith is surrendering the outcome willingly, and stopping trying to control the future. Having faith is letting THEM direct the course, and following it with gratefulness.



Why do some customers get better results (from spellwork) than others?

Of all my customers, do you know which ones get the best results from magic?

- Those who have the strongest conviction when they purchase my service; not only belief in magic itself, but also in the power of my work, and in the power of the spirits I work with. **They believe they are loved, cared for, and blessed by the work I do – because THEY ARE.**

- Those who allow the solution to their problem to manifest in ANY way possible, without trying to control it, and are always grateful for however it manifests.

- Those who see the money they pay as an investment – that is, **something that**

always returns multiplied, because they made the wise decision to reach out for a competent worker, because they believe they deserve nothing but the best.

And, do you know which are the most efficient ways to minimize the results of magic down to nothing?

- To have a “we'll see” attitude. Saying that you will believe when you see, is a sure way to offend the Spirits. Believe, and THEN you will see, and not the other way around.
- Expecting the cheapest work to change your whole life. Works like candlework and oil lamps are there to be focused on very specific situations, not to be cheap alternatives to spellwork.
- Trying to control outcomes to micromanaging level, and dismissing any other options for your desire to manifest. Reality is deeper, wider, and much more miraculous than your mind could ever conceive – let magic see farther and further, and enjoy the results as they come.



My spell is taking a long time to manifest, and I am losing faith. What should I do?

This weekend, I received a lovely message from a customer I worked with two years ago, with a detailed update on her family's situation. While I will not share any details because customer privacy is everything to me, she was happy to share that her request had been fully granted.

What I actually want to share from this is that **this kind of situation is not rare**

at all – since I tend to work with my customers for many years (and I could not be more grateful and honoured for that), I can definitely attest that I have seen this happen many times.

So, if you live in a state of requiring instant gratification, working with Spirits is going to teach you patience, because their time is not our time.

They work their own way, they see what we can't see, and they ALWAYS act as they should. Most of the time, the fraction of reality we perceive is so small, that our perspective about our own life, and theirs, are entirely different.

Don't lose hope because your petition has not reached manifestation yet, and above all, don't ever think that you are being ignored, because Spirits do NOT do that. Not one of their children is alone, unheard, or unloved.

If the procedure for requesting something from them has been performed correctly, and that is why professionals like me exist, then there is absolutely no reason for doubt; keep working on your goal, and most important, keep believing.





Chapter 2: Questions About Personal Empowerment

How can I become more (spiritually) powerful?

If I know what it takes to be spiritually empowered, it's not because I was born like that; it is because I had to learn it to survive.

If I know what it takes to overcome the battle, it's not because I was born a warrior; it is because I had to become one, or die - and I'm being literal here.

If I learnt what you need to learn to stand on your own, it's not because I was surrounded by love and grace; it is because there was nobody else to stand for me.

Whatever advice I give, it is never theoretical - I have lived it, every bit of it. Spiritual work kept me together, and saved me, and it still does every single day. It doesn't get any more real.

And that is the only reason why I do what I do; so I can give hope and inspiration to others, so I can give what the Spirits gave to me, so I can be the testimony of their love, their presence, and their healing.

Remember, if you give yourself to them, they give themselves to you, simple as that. It is nothing but love, love, and more love. Love as learning, love as giving, love as feeling, love as understanding, love as growing. It is what they are, and what they want you to be.



How do I overcome my past?

Answer #1

Any kind of dysfunction in human relationships can be mirrored in your relationships with Spirits, Deities, and Ancestors. This is why it is so important to develop the skills to work through your own experiences, and to identify your emotions, reactions, and emotional habits.

The Gods, and all the other Spirits, want nothing but your development and happiness. If your relationships with them leave you empty, broken, or unhappy, and if your life has not improved with their presence, it may be the moment to stop and rethink your whole approach.

Look back at your life experience; are you (mis)using the Spirits as actors in a show that replays your abandonment, your loneliness, your hurt, your disappointment, your most painful scars? Are they judges, oppressors, censors, thieves of time, energy, and joy?

A huge part of moving forward in your spiritual path is not about learning more spells, or holding more power, or about seeing more things; is about understanding who you truly are, how you feel and think, how you perceive the world to be, and which is your place in it.

The amount of answers about your magical results that this knowledge holds is nothing short of life changing – you may believe that this is all easy to know, but it's not. It can take years, and a great deal of study and therapy, to reveal and process the many layers that make a soul.

Start today.



Answer #2

While revisiting our past is absolutely required for the true healing of every kind of trauma, there is always a moment during that process where you have to let go, and move on towards a new era of your existence.

I am not talking about the obsession with forgiveness that some parts of modern psychology have, because I do not advocate for victim blaming; you can be sure that you will never hear me talk in those terms.

I am talking about the fact that carrying a rotting body (your past) in your arms takes all the space you have to hug the living, and separates you from true love in all its forms.

I am talking about setting yourself free from the things you have been forced to experience, and from the narrative that someone else tried to write for/on you, to write a completely new story, one of happiness and fulfillment.

I am talking about reclaiming, using, and growing your own power. I am talking about fighting back, with all you have – and that includes powerful spiritual work, which is ALWAYS at your reach, ready to help you improve your life.



How do I work towards a fresh start?

Note – this post was written as the year was about to end, but it can apply to any moment in our lives when one era ends, and another one begins.

It is important to set goals for ourselves because purpose gives meaning to our

lives; without purpose, we are easy prey to physical, mental, and spiritual harm.

But, purpose requires a plan – and this is why most New Year's resolutions fail; because it is not enough to say that you want something, you actually need to set down steps to achieve it.

And that change needs, first of all, space to happen, so as you reflect on what you want to achieve next year, don't forget that **your first list for (the new year) should be one of elimination – the things you will not tolerate anymore, the ways in which you are not hurting your body anymore, the boundaries you will place to mindless consumption and mindless time spending.**

This is actually a very magical way of acting; because as you remove things from your life, and allow space around you to grow, at the same time you can trust that your Cuadro Espiritual is already looking for things to fill that space.

And when you allow your Cuadro to work, instead of trying to control the future, things work out beautifully. You can even work on affirmations like:

“I am already grateful for what my Cuadro is preparing for me next year”

“As I remove things from my life, I am making space for all the good that my Cuadro has for me”

“ I walk confidently into 2023, opening the channels of Good by removing anything that blocks me from my life. I am grateful for being guided and protected, and for all that I will receive”



How can I keep growing as a spiritual practitioner, and avoid stagnation?

One of the most important tools for your growth as a spiritual practitioner, and one that is always at your reach, is to regularly revise your perception of your own magic.

It is essential that you learn to identify the magical beliefs that are born from trauma, and mirror said trauma. I have seen practitioners repeat their relationship with their parents, with their abusers, with generational trauma and colonization, and reflect it back on their relationship with their Gods, Spirits and Ancestors.

While this is not their fault, of course, it is their responsibility to work through it as much as it is possible, and not only that; it is the only way out of self-destruction. Why? Because **trauma plus magic equals multiplied pain, time and time again. As an energetic amplifier, the spiritual worker takes all the pain they have received, generates more, and focuses it on themselves.**

We all know horror stories about practitioners sent into spirals of drug abuse, self abuse, harm to themselves and others, to the very dark ends of madness and death. If you don't – don't worry, stay on this path long enough, and you will.

Do you know why I get such results from spellwork? The first of all reasons is that I wholeheartedly believe I will. **I believe in the Gods as endless generosity, endless ease, endless Love, endless forgiveness, endless openness, endless growth.**

I do not stand in my own way, or in my customers' way; I open the doors of magic for myself, and I open them for all of them. No matter what they think of themselves, my magical process always includes seeing them with the eyes of the Gods: as the perfect emanations of Divinity and Light that they are.

And that turns into the miracle stories I get back from them; stories of happiness, of joy, of overcome obstacles, of finding and healing themselves. The stories of true magic.



How can I make better choices in life?

Answer #1

When your soul was created, you were given a tiny drop of the very essence of Creation. That spark was put there by the highest form of Divinity (however you envision it), and your only job in this life is to take care of it. **That spark is the purest love, the ability to create and manifest, the power to change, the connection with every living thing.**

From the moment you wake up, **every choice you make empowers or disempowers that spark**, and makes it stronger or weaker. Even the smallest choice influences the spark – for good and bad.

If you choose to be lazy, selfish, hateful, and unbecoming, the spark agonizes. Enough of that attitude, and that spark may be broken beyond repair, and disappear. I am not joking or exaggerating about this: you can lose it, and no amount of magic will bring it back to you. You will be in darkness, forever.

Just so, if you choose to be present, active, loving, and engaged with life, the spark grows and grows, and becomes stronger, empowering and lifting you. **You will be better equipped to deal with life's changes and loss, because no one is safe from that, but your heart will survive, intact.**

And, at that moment, you become more than yourself, because your spark's shine reaches others, inspiring them to do their best. Then you know that you have become an embodiment of the Holy Spirit, of Divine Love, of True Knowledge, of Pure Freedom and Awareness.



Answer #2

Want to become more powerful? Not only as a magical practitioner, but in all aspects of your humanity – having a powerful spirit, a strong soul, an unbreakable connection with Divinity. While your own way there is indeed unique, and applies to no-one else but you, here are seven principles that have always worked for me.

Stop reacting, and start living. Learn to observe without interfering or participating, and use your energy only when you choose to do so. Stop being a prisoner of someone else's projections.

There is nothing of more value than your time. Don't give it to anyone or anything, except that and those which you have chosen, and deserve it.

Devote yourself to yourself, and watch the whole world improve because of it. Understand that you cannot give anyone anything, you can only inspire others to become like you. So, the farther you get, the farther humanity gets.

Understand how a huge part of your experience is just a reflection of your own idea of yourself. Control what you can control – that is, your character, your actions, and your emotions – and let go of everything else.

Do not give attention to anything that is dull, violent, unbecoming, or damaging to your empowerment, unless it is to destroy it and change it. Learn to pick your battles wisely, and then slay those battles.

Have no mercy with abusers, vampires, gossipers, whiners, fakes, takers, and narcissists. None of them will have mercy on you, and actually, they will try to hold you down as soon as you start stepping up. Reserve something as valuable as mercy for those who truly need it and deserve it.

And, of course, the last principle is: Get yourself a powerful spiritual practitioner to help you, stick with them, and work with them on your improvement. You don't have to do this alone – we've got your back!



How do I improve my vibration?

Focus on the things that fill you with empowering emotions: feeling joy, inspiration, satisfaction, and contentment are just magnets for all kinds of blessings. **Being able to evoke feelings at your command is an actual spiritual superpower.**

Also, the Spirits will use those emotions as the perfect channels they are, to communicate their truth and guidance, because **those emotions tune perfectly with theirs.**

This, of course, does not mean ignoring trauma or negative things; that would be childish, and actually extremely dangerous. It means not dwelling on them, it means not reliving them every day, not letting them rule your life, and it means working actively against the harm they have created. **To be the sacred Warrior who protects the sacred You, is your duty.**

It is extremely important to be constantly aware of how much our reaction to events is a personal choice, how often we break our own hearts and destroy our own self-esteem, and how much we discredit our own strength and experience.

Use every tool at your reach to fight it: from therapy to magic, from subliminals to meditation, from herbs to journalling, find what works for you and do not give up. Perseverance is key.

Love yourself unconditionally, and include all accountability there. You are the Universe, experiencing self-awareness, and everything is reflecting that experience back at you, filled with knowledge and wonder.

Do not waste the time you are given here entertaining narcissists, abusers,

vampires, or fakes. Control the time you spend with media of all kinds, and the content you watch and listen to. Feed yourself, physically and spiritually, only with the things that nurture you.



How can I improve my glamour magic / personal magnetism?

One of the most effective and creative ways to make use of this power is to create an altar to yourself. Here are some tips:

Find a favourite space in your home, and an hour where you won't be disturbed during your self-empowerment work. Usually these are made in the bedroom, but you should always choose whatever works for you, even if that means outdoors.

Choose a red, pink, or orange candle, preferably one large enough that can be lit for an hour every day during the whole month. If you have magical oils that are related to self-love, beauty, self-empowerment, etc., use them to anoint your candle; if not, you can use any perfumed oil of your choice.

Herbs and flowers that are meaningful to you are a wonderful addition to this kind of altar, especially if they have strong, sensual scents. Roses, Jasmine, and Spikenards are just perfect; just remember to keep them fresh, and remove them before they spoil.

Incense (or perfume in any form) is another powerful element for this altar; again, scents like Sandalwood, Patchouli, Coconut, and Cinnamon are good choices.

If you want to, you can add anything that reminds you of your own well-being; your favourite photo of yourself, your most expensive beauty routine products, empowering/inspiring books you never have the time to read, your favourite

records, a tray with the elements needed to drink that special tea you never use, etc.

Every day, for at least an hour, sit in front of your altar and do something only for your own good. Choose a different activity every day according to your needs, and above all, enjoy yourself.

And remember – **this hour is NOT for the Spirits, it's NOT for your problems, it's NOT for the phone/computer, and it's NOT for being productive/asking for/manifesting anything.** Needless to say, this altar does not need any statues or religious symbols of any kind, unless you are adding a statue of your beautiful self :).

This hour is about devotion to yourself, about caring for your immediate needs as they change daily, and about paying attention to nothing but you for one hour a day. Also, it is about asking yourself every day “What is beauty to me, what is sensuality, what is personal power?”





Chapter 3: Questions About The Practise Of Magic And Devotion

What can I do to make sure the effects of spellwork are as powerful as they can be?

When you do magic work, or get a professional to work it for you, aligning your actions with your request is the most powerful thing you can do to bring meaningful and fast results into your life.

For instance, if you perform a spell for better health and more commitment to your diet+exercise routines, something very common at the beginning of the year, and then you actually work on sticking to them, you multiply the results and minimize the time it takes for you and your goal to reach perfect alignment.

The same applies to spells focused on manifesting abundance – the more you work on doing what is good for you (as opposed to overworking), and achieve a better level of financial literacy, the better things you can bring into your life, and the faster they will arrive.

That attitude, in itself, is road opening magic added on top of manifestation magic, since you are removing obstacles from your path, and helping yourself in every way you can – you can believe me when I say that not getting in your own way truly is a superpower.

And then, you are reaching something beyond the actual manifestation goal: you are becoming the embodiment of your Higher Self, because your Higher Self wants nothing but the best for you, is your true best friend, and knows of your unlimited ability to transform your reality. Then, you really are living magic.



How can I manifest Road Opening magic more effectively?

One of the most effective ways to manifest powerful and effective Road Opening magic is gratitude. When this power is truly understood, truly internalized, you become RADIANT, and multiply the good you can receive.

Gratitude has nothing to do with that horrible “everything happens for a reason” attitude – while things can and should be learnt from the painful experiences in our lives, this has nothing to do with gratitude, so the first step is not to fall for justifying abuse on us.

Gratitude is, above all, JOY. Joyful acceptance of what we are and what we have, in the point where we are, exactly as we are; joy to be one of the endless reflections of the Divine Consciousness, joy to experience life in this incarnation.

And after savouring that present-ness, which is no small thing, then gratitude is JOYFUL EXPECTATION – the exhilarating, but unbreakable, belief that we are loved, seen, appreciated, and heard.

A joyful expectation that you will see more, understand more, love more, feel more, reach more.

A joyful expectation of wholeness, of openness, of oneness.



How can I empower prosperity work?

Answer #1

Before you do prosperity work, or have someone do it for you, start by talking about yourself and your life as someone who is USED to having everything they want, USED to working for it, USED to getting it, and USED to make it grow.

Constant alignment with this frequency will MULTIPLY your results, your sources of abundance, your connections, and the way you treat what you receive.

Then, do the ritual, and see the Universe work for you.



Answer #2: Affirmations

- I work gladly every day at aligning with all Abundance.
- I stop resisting my own growth by letting go of obsolete thought patterns.
- I deserve all the good in the world.
- I bless those around me with increased abundance every day.
- I use my abundance to make good choices and improve the lives of everyone around me.
- I release all blocks and negativity keeping me from achieving my goals.



Answer #3 Money Magic Tips

Get a Basil plant, and put a piece of pyrite or peridot, and three golden coins in the soil, to create a living money drawing talisman. Place it where it will receive lots of sunlight and warmth, and take good care of it!

Make a cinnamon and orange peel infusion, the more concentrated the better, and use it as a money drawing spray for your business. Remember it can stain fabrics, so be careful how you spray. Pay extra attention to doors, windows, and thresholds.

Citric scents like lemon, orange, tangerine, lemongrass, lemon verbena, and lemon balm, are all wonderful money drawing perfumes. You can easily get an essential oil of any of them, or make a mixture of several, and use it on yourself, on your banknotes, on your wallet/purse, on your cash register, and on the entrance door to your business.

Money magic is pure fluidity – so, when it comes to your business (even if it's a home business), make sure that there are no blocked/cluttered areas, whether if customers see them or not, and yes, it applies even to your computer! Think of energy as if it was water – if it can't flow freely through clean spaces, it becomes stagnant and can make you really sick.

Get a reputed, experienced spiritual worker to work for you! That is never an expense, but a very, very wise investment. Very often, we need energy coming from outside to unblock our path.



I am disabled/grieving/ill, and have very limited energy. How can I feel part of a celebration without exhausting myself?

Note – this was written before the winter Solstice, but can easily be applied to

any religious observance.

Bake something nice, and share it with the Spirits, and/or with local wildlife. Choose something that reflects your heritage, and make your Ancestors happy. **Reflect with love and gratitude on the fact that you have reached the end of another cycle, and envision good things for the next.**

Create a playlist of magical /devotional music. Setting the mood is very important! **Reflect of what both magical and devotional mean to you, observing the feelings that you associate with both.** Think about what you would like to improve.

Give your body some love, inside and out; cooking healthy food, brewing herbal tea, a hair/face mask, moisturizing your skin, etc. Focus on feeling gratitude for what your body does for you every day, on the things you can do and feel with it. **Visualize yourself glowing with better physical, mental, spiritual, and emotional health for the next cycle.**

Just tidy up around you, as your physical and mental energy allows; clean spaces are spaces with better flow of energy. This also applies to altars and sacred spaces; this is a wonderful time to throw away outdated magical supplies. **Rejoice in letting things go, so better things have space to arrive.**

Find a seasonal craft that you can enjoy with your family and/or friends. **There is very strong magic in simple things** like singing together, telling stories, reading to each other, or creating something beautiful with those you love.

And remember – be kind to yourself, and above all, enjoy these activities. The Solstice can be as many days long as YOU choose, and as YOU need!



How can I get better at visualizing?

If you have trouble visualizing, or are new to the practise, you can definitely write your desires and read them several times. If music, candles, incense, or any other tool help you concentrate faster, and focus more profoundly, use them. Manifestation is magic, and magic is manifestation.

Put all your energy on feeling the joy of having your desires in your life – stay away from want/need, and move to taking delight in being loved by this powerful moment. Be deeply, joyfully grateful for this moment, because it is here to give you what you want.

Feel how it opens to you, how it pours light on you, and shows you where you need to transform, to forgive, to let go, so you can achieve your result.

And, once this moment has passed, start working towards it. Eliminate your resistance. **Allow the Divine Love to guide you. Leave the old dress of your past behind, and dance naked into the Light, A NEW HUMAN BEING.**



What do our Ancestors want from us? How do I honour them?

Answer #1

Note – this post was written the week prior to the Noche De Ánimas (October 31/November 1)

On this day, what your Ancestors want you to remember is that they love you, accept you, and embrace you, exactly as you are. They know your soul better than anyone, in all its beauty and light.

That this is the day when their hands stretch out to yours, and you can hold them tightly, and use their strength.

That offerings and altars are a joy to them, but it's your love and your communication what truly keeps them growing and elevating into their power.

That they wish you rested on their love and protection more, that they wish that you asked for help more, that they wish you followed their advice more.

That love is the strongest power in the Universe, and now that they have crossed over the limitations of human life, they can see it for what it truly is, and want to share it with you.

And that today, and every day, they sit beside you, whispering advice and support into your soul, so you can thrive.



Answer #2 (on honouring them)

Remember that this is about family, first of all. Your general standards should be the same as if you were receiving your family at home, and treating them like royalty. I cannot stress how important this is!

After the house is up to your standards, focus on cleansing stagnant energy – you can use any herb or resin for smoke fumigations, and if you are sensitive to smoke, use a perfumed spray; for cleansing, scents like Pine and Rosemary are just perfect, and easy to find.

After cleansing, it is time for charging and inviting – for this, you will set the Ancestor altar to your liking and tradition, light candles, and again use herbs or resins to invite your Ancestors in. Scents like cinnamon, orange, apple, and sandalwood will fill your home with warmth. **This cycle of cleansing and**

charging does not need to be done in one day, of course – plan according to your own time and energy.

One last tip: any food or beverage offerings left in your altar should not stay there more than a couple of days, and flowers should also be checked regularly, so the water in the vases doesn't develop any smell. A dusty, smelly altar with dry food is something extremely disrespectful.



How can I keep my Apothecary / magical supplies from cluttering?

Be merciless when it comes to throwing away stuff that you don't use. Herbs, resins, incenses, and anything that can be put together and burnt, and make a wonderful offering for the Spirits of Fire; the rest can be ritually offered to the Spirits who live on dumpsters.

Check oils, waters, and other liquids, and discard what is expired. Remember not to damage your environment when doing this, by taking it to appropriate places.

If you are neurodivergent or chronically ill, focus on doing ONE thing. One drawer. One altar. One single space. The rest can wait. Rejoice on the smallest accomplishment, because they are not small.

Clean your space with Blessed Water mixed with a nice Peppermint / Pine / Lemon Oil, to clean and bless its vibration, and your own.

Take your amulets, charms, and favourite jewelry and cleanse + recharge them as your path dictates. Running water, smoke, and sunlight / moonlight (even if it's cloudy) are always useful.

All those things you are saving for a “special day”? Use them. TODAY is a special day. Celebrate yourself, your magic, and your connection to the Universe, the Gods, and the Spirits.



How do I work with the Spirits of the Land?

If you want to make offerings, do your research so they are not toxic to the local fauna, and do not leave any traces of your rituals. Things like chocolate can kill many animals, not to mention candle wax, chalk, and other magical products. Offerings like bread/cakes, cheese/milk, honey, birdseed, nuts, and fruits or vegetables are always safe options.

Something that everyone can do when visiting Nature, and that the Spirits of the place will definitely appreciate, is cleaning the area where you are working/celebrating – and I mean cleaning trash that you didn't leave there. The Spirits are watching, the Spirits notice, and the Spirits will (sometimes) return the favour.

Depending on where you live in the world, you can do some very special wildharvesting this month – if it's too late for fruits or herbs, think woods for carving charms or dolls, water from wells and streams, or even a beautiful rock. Remember to be extremely respectful, ask for permission, and always give as much as you take.

I do not want to end this post without saying what I think is the most important piece of advice I can give: **Never forget that the place is not yours; you are of the place.**

You are not there to be heard; you are there to listen, to watch, and to learn. Spirits don't owe you a single thing; be a humble friend if you want to truly see what is there to see.



Channeled Messages

All messages in this section were channeled directly from my Cuadro Espiritual during meditation. The Cuadro Espiritual is the group of Spirits that work with me at all times; it is very varied in origin, and of course completely secret. The messages do not have a specific order.

I find that returning to reflect on them regularly is always of great help to me, but scrolling through social media to find them can be really annoying, to say the least; that is why I have made a selection of my favourites from last year for this ebook.

May these messages inspire you, enlighten you, and empower you at all levels!



Be Strong

Be strong. For yourself. So you can rejoice in the endless joy of seeing your goals smashed, one by one.

Be creative. For your soul. Because that soul is a garden, and creativity is the seed of all expansion and growth.

Be loving. For your heart. Because love heals, and its lack kills, and you want to be as alive as possible.

Be intelligent. For your peace of mind. Because making good choices is the foundation of all success.

Be open. For your future. Because openness is the key that unlocks all challenges, and the answer to most questions.

Be Divine. For the whole Universe. Because that is what you truly came here to be, to do. The rest is just distraction.



The Faces Of Divine Love

There is no stronger, more effective, and more life-changing magical power than Love. The strength of the relationship that you have with your Deities, Spiritual Allies, and Ancestors relies completely on Love, and when it is flowing deeply, it makes you more powerful, and immune to most forms of negativity.

It is Love, and nothing else, what defines being beyond mere existence. If you want to BE, then love. Love yourself. Love others. Love your life. Let the Universe be your Divine Lover, and let it love you back; there is just as much power in receiving, as there is in giving, if not more. Capitalism may want you empty, drained and exhausted, but your Divine Lover wants you full, satisfied, and crowned.

Learn the many forms of Love; it can have the face of care, but it also has the face of duty. It can have the face of pleasure, but it also has the face of accountability. It can have the face of joy, but it also has the face of sacrifice. Welcome it through all its aspects, each one being a different facet of the same Divine Lover.

And above all, feel it. Feel it alive in every cell of your body, a quiet flame in every thought and emotion, turning into manifestation as you live, create, and practise in this incarnation we call human life. Feel it without words, without rules, without names. Let it become who you are.



The Source Is Always There For You

The Divine Source of all Love will never give up on you. Spiritual entities do not judge, punish, or abandon you for your mistakes or shortcomings, for true love is unconditional, endless, and embraces and accepts everyone.

Stop judging, punishing, and abandoning yourself, because the lesson of this part of the journey is that you are Divinity incarnated. Experience that Divinity in any form you choose; through ecstasy, through knowledge, through experience, through creation. The possibilities are endless.

Don't be fooled by the mundane, by hurry, by power, by disconnection; for those are just distractions that you are allowing into your consciousness, distractions from healing the true wounds that separate you from your Divine Essence. Be unconditional, endless, embracing, and accepting, in your love for yourself.



On Faith

Faith should not be an abstract concept in your head. Faith is a verb, something that you USE like a shield, to protect you from hardship.

When you feel exhausted, use your faith to energize you.

When you feel empty, use your faith to inspire you and fill you.

When you feel alone, use your faith to reconnect with yourself, with others, and with Spirit.

When you feel hurt, use your faith as a vehicle for healing, and a channel for Divine, Endless, Unconditional LOVE.



On Flow

Allow things to change without judging the changes as they happen.

Allow the flow to be flow; sometimes faster, sometimes slower. Don't run, but don't stop.

Let go of your idea of yourself; no more holding on to that already obsolete version of your ego.

Be. Exist. Feel your awareness being reborn, the one that is truly aligned with your complete realisation of yourself.



On The Nature Of Magic

Magic, as the most powerfully transformative force in the Universe, the power of creation itself, the power that turns us into Gods, will ALWAYS change you as it works through you.

Do not ask this force for anything that you are not ready to have challenged, questioned, changed, and transformed. You do not USE magic; you ENTER magic, you BECOME it.

Let's choose an example: if you ask magic for love, your views on love will be

challenged, your traumas addressed, your lack of self-love made evident, etc. Everything you hide from yourself will come to the surface of your consciousness, to be revised, so you can access the true love that you deserve, the one that comes with liberation, with growth, with total empowerment.

Why? Because magic does not see you as you see yourself, lacking and imperfect; magic sees you as the God you are, because it IS the power of becoming God, and cannot see you in any other way.

So, it will give you the love that you, as a God, deserve; if you are not ready to face the challenge, not only you will reject that love, you will see the whole operation as a failure.

Luckily, magic is deeply impersonal, and will not hold your perception against you; whenever you are ready to try again, it will be waiting.



The Measure Of Beauty

The measure of the beauty you can see, is the measure of the beauty that you ARE. The universe begins and ends in your conscience, is constantly emitted by you, and you are constantly receiving this emission back; so, whatever you are seeing, is merely a reflection of your consciousness.

You cannot perceive what you are not. The blessings, the powers, the Divine Love, can only become visible to you once that you have mirrored them. Without this reflection, they are just invisible and unreachable. For a better world, you must become better, and not the other way around.

This is what those who wish to control you and manipulate you, want you to forget. They want you paying attention to worthless things, so you become just as worthless, so you are lost and blind, so you are easy to squeeze, until there is nothing left.

This is the reason to continue fighting, to continue healing generational trauma,

to continue giving yourself the love, the power, the attention you deserve. This is the truth that indigenous peoples have been teaching since the beginning of civilization. This is what will free us all.



The Chosen Ones

Never, ever, forget that through the ages, the Gods and Spirits have favoured and loved the sick, the weird, the odd, the mentally unstable, the poor, the enslaved, the silenced, and *absolutely* anyone who has been othered by the majority.

Vision, sacred knowledge, protection, and any gift from the Gods and the Spirits belongs to you as much as they belong to anyone else. There are no deserving or undeserving people when it comes to their Divine Love. Access is never restricted because of anything that you may be.

Rejoice yourself in that Love. Focus your entire energy on opening yourself to that Love, on allowing it to transform you and nourish you. Working on personal improvement is always ok, but let me be extremely clear about this – it is NOT a requirement.



On Hope

Hope is a matter of courage – because it takes a lot of courage to be hopeful in the face of loss, in the face of desolation, in the face of violence. And right now, the world needs your courage more than ever.

Remember, the basis of all courage is Love. Pure, selfless, miraculous Love, from the Divine Source and right into your heart. And that source never dries, and that connection never dies, and there is always more, and more, and more.

So, when you feel empty and exhausted, stop for a moment, stop listening to all the things that are asking for your attention, and focus on reopening yourself to the Source, so you can be filled again with Love. Inside you, that Love will make you as strong as you need to be to overcome any tests.

We, the Spirits, are here to guide you and support you, to empower that Love connection, to strengthen it and help you manifest what you dream of. Work with us, trust our guidance, and listen to our advice – together, we are invincible.

